SANTA ANA COLLEGE

el Don

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on monDAY

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INSIDE:

Read how Camron King led the Dons in a stellar game against Orange Coast College.
Sports, Page 6



Exams **reduce** breast cancer **risks**

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By Dawnielle Peck
el Don Editor in Chief

For fourteen years, October has been designated National Breast Cancer Awareness Month. But for centuries, women have battled with this deadly disease.

By the year 2000, approximately 1.8 million women and 12,000 men will be diagnosed with breast cancer. However, almost 97 percent of breast cancers can be treated successfully if they are detected early and have not spread beyond the breast.

The NBCAM program is dedicated to increasing awareness of the importance of early detection by promoting three steps to breast health.

The first step is monthly breast self-examinations beginning at age 20. These should be performed one week after menstruation. If a woman discovers any changes in her breasts, such as lumps, dimpling, skin or breast discharge, she should have a clinical examination by a trained medical professional.

Clinical breast examinations at least every 3 years beginning at age 20, and annually after 40 is the second step. In a clinical exam, a health care professional uses the pads of his fingers to carefully feel both breasts, the underarm and all around areas.

The third step is annual mammography screening for women 40 and older. A mammogram is a safe, low-dose x-ray that looks for cancer too small to feel externally.

Santa Ana College's Health and Wellness Center offers an ongoing program which provides students with breast exams, videos, and brochures about breast care.

Although all women are at risk for developing breast cancer, they can lower their risk by following the three recommended steps, reducing their fat intake, eating foods high in fiber and low in salt and wearing a sports bra for support.



HIGH PRIORITY



This x-ray of a 66-year-old female is an example of what a healthy breast should look like.

Enrollment surge increases competition

Part **two** in a series

In the next issue, read what changes will be made at SAC.

EDUCATION: Expected influx poses problems for students.

By Theresa Salinas
el Don Views Editor

More than 700,000 new students are expected to flood the state college system by 2010, in what educators call "Tidal Wave II" - the largest enrollment surge in state history.

Although state universities are bracing for the influx, the Rancho Santiago Community College District has already felt the effects of this new wave. Santa Ana College enrollment has increased by more than 10,000 since 1995 and figures are expected to rise. Fall 1999 enrollment figures for SAC and Santiago Canyon College are up 7.64 percent over fall 1998.

State education officials largely attribute the increase to more students taking advanced placement classes and a surge in the overall population.

College campuses all over the state are preparing for the new students by constructing new facilities. At SAC, portable classrooms will likely be installed to accommodate the new wave. Use of neighborhood sites will also increase to provide more classroom space.

"Tidal Wave II" brings more than overcrowding problems to unprepared campuses. SAC Transfer Center Director Isaac Guzman says that class availability in the district and enrollment options at four-year schools are also pressing issues.

To make university acceptance more competitive, four-year schools are expected to cut remedial courses, sending unprepared students to community colleges.

The influx also presents a problem for transfer students applying to universities, because of the increased competition.

"There will be more students trying to get into the good schools, but some people won't be able to," Guzman said. The end result, he said, is students will have to opt for "lesser known and less desirable" schools.

To ensure acceptance, Guzman suggests that students meet regularly with counselors and take transferrable classes.

Art teacher leads crusade to aid quake-ravaged Taiwan

DISASTER: Students and faculty pool together money for Taiwanese colleagues.

By Ann Shogren
el Don Staff Writer

Although the 7.6 magnitude earthquake that rocked central Taiwan two weeks ago happened on the other side of the Pacific Ocean, its effects were felt here at Santa Ana College by a group of art students and instructors.

The SAC Ceramics Guild along with ceramics professor Patrick Crabb and the International Students Office have close ties with ceramic artists in Taiwan. They have sponsored Taiwanese art students and Crabb took 28 art students to Taiwan in January.

One of the artists Crabb and his group met in Taiwan was Walter Wu, who arrived in the United States one week before the quake.

"We've heard that almost everyone over there is OK," Crabb said, "but there was a tragedy. Wu's wife and young son were killed by the earthquake but his two young daughters survived. He was in Chicago when he heard (of the quake) and he flew back to LAX where he was told about his family. It almost killed him. He flew back (to Taiwan) right away."

Crabb quickly launched a humanitarian effort, collecting a total of $3,110 in the two weeks following the quake. The money came from personal donations by SAC students and staff, many of whom attended a slide presentation given by Wu, the SAC Ceramics Guild and the ISO.

Wu's home was located in the mountains near the epicenter. "He lost everything - his studio, home, and kiln, as well as his family. He is the sweetest man," said SAC art student Grace Chang.

Wu was to spend three months in the United States, mostly on the East Coast, teaching workshops and developing his personal artwork.

In January SAC students visited Nantou, a city close to the epicenter of the quake and the site of extensive destruction and death. "There is a very large, historical, wood-firing kiln, high up in the mountains near Nantou, and it was partially destroyed," said Crabb. "The kiln is 75 to 80 years old and is the largest of its kind in Taiwan, and thus is culturally significant."

Crabb and his group of students met with the Woodfire Art Association and spent four days firing the kiln. "This is where we developed our close friendship," Crabb said.

The Snake Kiln's original use was industrial but today the kiln is a cultural park, and has guided tours and a gift shop, with artists' studios on the grounds. The kiln is run by the Woodfire Art Association, which is co-directed by Wu.

Tony Ong, an artist and other co-director of the Woodfire Art Association, also lives in the Nantou area. He came to SAC as an artist-in-residence for a year in 1998, returning to Taiwan with the SAC students and Crabb in January. According to Crabb, both Ong and his wife survived with minor damage to their home and studio.

Money raised by Crabb will be used for humanitarian aid and to help reconstruct the Snake Kiln.

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BIG BROTHERS BIG SISTERS OF ORANGE COUNTY

Discussion on race creates mixed reactions

RELATIONS: Student forum addresses problems on campus; many left unsatisfied with outcome.

By Theresa Salinas
el Don Views Editor

Santa Ana College joined over 600 colleges nationwide last week, addressing race relations through student dialogue at the student forum.

Sponsored by the White House, the second annual Campus Week of Dialogue was aimed at reducing race-related tension on college campuses and increasing communication.

About 150 students gathered Wednesday at the Johnson Center Patio for the forum, organized by Phi Theta Kappa and the Associated Student Government.

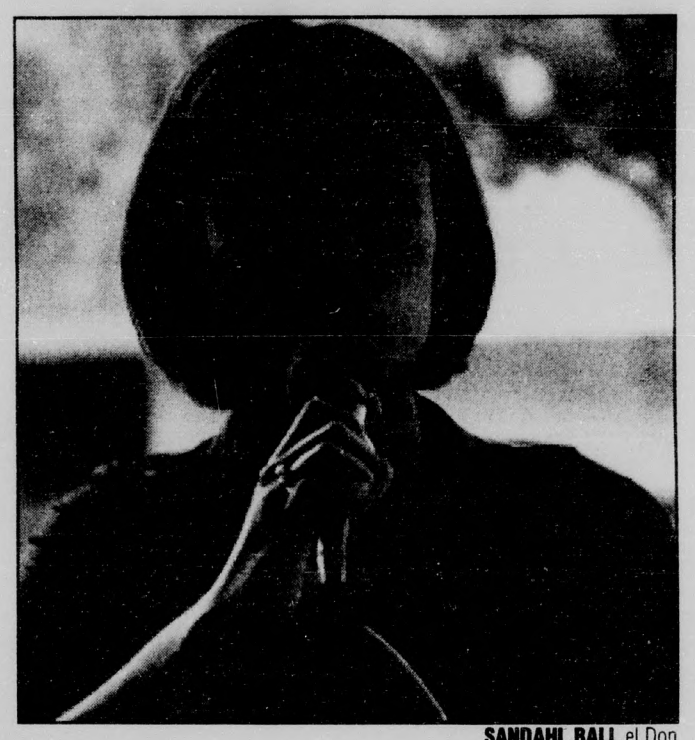
An eight-member panel, composed of volunteers from campus clubs and ASG, lead the discussion. Topics covered included: improving race relations at SAC, suggestions for dealing with racism and increasing tolerance. After the panel discussion, members of the audience were invited to voice their opinions and ask questions.

Most students voiced concern for topics not addressed by the panel, like the need for a campus gay and lesbian club. Others offered personal insight for improving race relations, while some voiced doubts concerning the goal of the forum.

Student Donald Perez asked the panelists what direct action they would take to improve race relations.

After the forum, Perez said he felt his question was not answered completely.

"I though the attitude of the forum wasn't solution oriented -- it was problem oriented," he said.



SANDAHL BALL el Don

Karina Valenzuela, Inter Club Council president, answers student questions at the Oct. 6 student forum.

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Acclaimed pianist Angela Cheng joins the Pacific Symphony Orchestra at the Orange County Performing Arts Center.

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OFFICE OF ADMISSION

Everything's going their way

Three students talk about their roles in the upcoming school play, *Anything Goes*

By Mark Perew
el Don Staff Writer

The theatre has a saying -- There are no small parts, only small actors.

Michelle Marie, a Santa Ana College theatre arts major, knows this. The actress has had her share of top billing, starring here in *A Chorus Line* and *Confessions of Women From East L.A.* But in the upcoming production of Cole Porter's musical comedy *Anything Goes*, Marie is a member of the ensemble.

The actress graciously takes all assigned roles and applies herself to giving quality performances each time.

"It's never been my goal to be a lead," she says with an energetic certainty. "Whatever I'm given, I'll accept. My goal is to perform."

Anything Goes

- **Where:** Phillips Hall Theatre
- **When:** Oct. 15 - 24; Thursday - Saturdays, 8 p.m. Sundays, 2:30 p.m.
- **Price:** $6-10. (Half-price preview performance on Thursday, Oct. 14)

Her passion for the theatre is shared by students Everardo Landero and Katie Pichelli. Both are first semester theatre arts majors.

"I'm really calm and shy ... I'd rather sit outside and watch people go by than to go to a club," says Landero. So why does a calm, shy guy want to perform in a musical? "This is what I'm good at," he says with a confidence which belies his professed reserve.

Landero speaks highly of his fellow performers. "It is a pleasure working with intelligent people. We're knit pretty closely and everybody contributes," he said.

Pichelli agrees. "We've had a short rehearsal schedule, but we've come together quickly and we work well together," she said. "Everyone has a lot of respect for each other."

Anything Goes, set aboard a cruise ship, centers on one-time sweethearts Billy and Hope. Hope is on her way to marry British upper-class twit Sir Evelyn (pronounced "eevilin").



SANDAHL BALL el Don

From Left: Michelle Marie, Everardo Landero and Katie Pichelli pose as the characters they portray in the upcoming school play.

Other cruise ship guests include singer Reno Sweeney and her backup girls, the "Angels". Also on board are "Public Enemy #13" Moonface Martin and his sidekick, Bonnie, plus the ship's captain, purser, sailors and other guests.

Billy wants to re-capture Hope's love. The story involves disguises, misdirection, hilarious moments, and of course, singing and dancing.

The list of this show's well known tunes is impressive - songs such as "You're The Top," "Friendship," "I Get A Kick Out of You," and the title song, "Anything Goes."

This show portrays sexual mores that seem ordinary or even tame in today's society. But, when this play was written in 1934, those attitudes were scandalously libertine.

Landero, Marie and Pinchelli are all very serious and share an excited anticipation about this production.

"It's a really fun and exciting show that will keep your attention. There are really talented people working with a wonderful director and a great staff," says Pinchelli.

Landero echoes those comments, "It's a fun show and I know what I learn here will help me in my next performance."

Art show not for everyone

By Dawnielle Peck
el Don Edtior in Chief

Fans of abstract art that requires close inspection will enjoy Harrison Storms' *Body*, a collection of paintings and drawings now on display in Santa Ana College's Art Gallery.

A former SAC faculty member, Storms employs the use of pastels, acrylic and limestone to portray ghost-like figures.

In his "Missing Person" series, Storms paints large, barely-there faces. A nose and two eyes are hardly recognizable under a mass of acrylic, creating images that look as if they've been worn away over time by exposure to harsh elements.

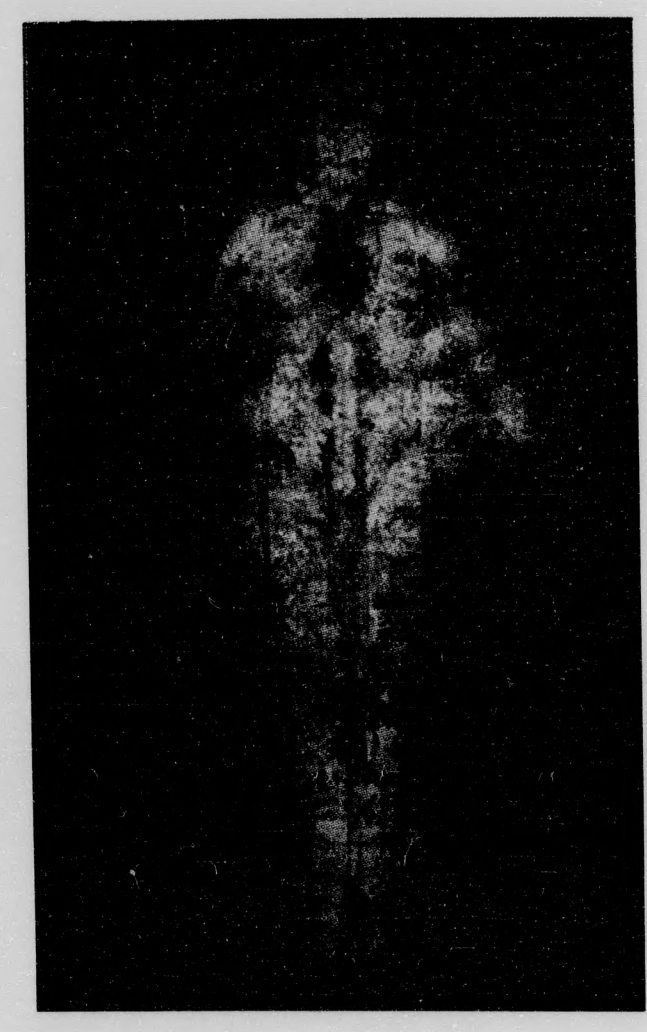
Storms' "Artificial Life" series consists of seven notebook size canvases. Each seem similar, with a mix of geometric lines and random brush strokes. However, with a closer look, each canvas reveals hidden secrets -- rough sketches of body forms and vibrant colors.

The key to viewing Storms' work is to look closer. For example, "Body #2" at first looks like an unfinished painting of a male body, but with further viewing the massive painting turns into a study of movement and the human figure. The face of the man is in two places at once -- the dominant image facing the viewer while behind it lies a faint profile.

In his pastel work "Beyond the Wall #4" Storms draws a demented, Frankenstein-like figure with a jumble of undefined limbs and no face, creating a twisted, alien-like body.

"This is My Body #4 and #5" takes up an entire wall in the gallery. A study of the artist's body, the work is completely washed-out and leaves only traces of a torso and his legs.

Overall, Storms' works are a bit unconventional and random. Most are difficult to view because they seem unfinished, undefined and disjointed. However, the collection is worth a look for art-lovers. The exhibition continues through Oct. 27.



SANDAHL BALL el Don

"Body #3," one of Harrison Storms paintings, is part of his show entitled *Body*. Gallery hours are Monday through Thursday, 10 a.m. to 2 p.m. and Tuesday and Wednesday evenings from 6:30 p.m. to 8:30 p.m.

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QUESTION OF THE WEEK

Why did you attend the student forum? What did you learn from it?

"In Japan there aren't so many issues because everyone is the same race. Now I realize that here I am different from other people."

NORIKO WATANABE
INTERNATIONAL STUDENT

"I can't deal with racism until I have an idea of how others that I interact with approach it. On an occasion like this, while it won't change race relations, it will help people better understand each other."

PETER DEBELAK
LINGUISTICS / COMPUTER SCIENCE

"I came to hear students say what they feel - but they aren't. They're scared to tell the truth. They're in front of a bunch of people and just want to be in the 'in-crowd'."

ERNESTO MALDONADO
LITERATURE

"I saw an advertisement for it. I think that if they pursue these forums, it will increase campus and activity involvement."

NORA GUTIERREZ
POLITICAL SCIENCE

MAILBOX POLICY

The el Don encourages expression of all views. Letters should be brief and to the point and include student ID number. They may be edited for length and clarity. Letters may be delivered to C-201, or mailed to SAC el Don, Mailbox, 17th at Bristol streets, Santa Ana, CA 92706. Include a phone number where you may be reached. Unsigned editorials are the opinion of the editorial board and do not reflect the views of SAC. Opinions with a byline are those of the author and do not reflect the views of el Don or Santa Ana College. El Don reserves the right to refuse advertising and does not subscribe to the views of the advertisers. For el Don advertising rates and information, contact Debi Carr at (714)564-5617. FAX 564-0821.

STAFF EDITORIAL



Illustration by **ROBERTO DE LA CRUZ**

CenterLine is off course

TRANSIT: A new proposed county rail system, targeted at commuter students, fails to serve Santa Ana College.

In the early '90s, the Orange County Transportation Authority set out to develop a county rail system, with commuter students comprising a large share of its ridership.

After much investigation, the CenterLine, a proposed multi-billion dollar urban rail system, was introduced to the public early this year for consideration.

OCTA officials will seek resident input about the rail line in December, when the organization's board of directors, which includes Santa Ana Mayor Miguel Pulido, delivers a "build" or "no build" verdict.

The 28-mile track will run through the center of Orange County, from Fullerton to Irvine, hitting major shopping centers, tourist attractions and universities.

Stops at California State University at Fullerton and University of California at Irvine are included in proposed routes. But there is no stop for Santa Ana College.

In Santa Ana, proposed routes follow Bristol or Main streets to First St., about a mile-and a-half from our campus, then makes an abrupt right turn, avoiding the college.

OCTA officials say the estimated daily ridership of the rail is 60,000. Our college has a potential ridership of 20,000, yet we are ignored. Until recently, we were never mentioned in CenterLine's plans.

Hundreds of SAC students wait daily at bus stops adjacent to the college. Most students come from feeder schools in CenterLine's path - and could directly benefit from the system.

And if enrollment figures at continue to increase, it could only mean additional riders.

According to SAC President Rita Cepeda, CenterLine representatives say SAC was not intentionally left out of the plans.

The track makes a right turn, at First St., to make it easier to access a proposed transportation center near Broadway and Fifth streets. This makes a valid point but our students must be accommodated also.

The CenterLine proposal is surrounded by controversy. Many residents think it's just too complicated. Others see it as unnecessary construction in a county already plagued by congestion. Concerns about the removal of on-street parking, and traffic lanes, as well as noise, vibrations and crime were also expressed.

Whatever your view is, express it to the board. Cepeda says she will alert students to future CenterLine discussions. The OCTA's website, www.OCTA.net also has a page for suggestions.

Public transportation needs tune-up

By Randy Scott
el Don Staff Writer

I am one of the few that doesn't hunt daily for a parking space at Santa Ana College.

In fact, I've never had to fight for parking in my life and I consider myself lucky. That is, until I realize that I have no car.

The life of the car-less is an exercise in patience and compromise. It also leads to reliance on others. You can ask parents and friends to cart you around, but it isn't always convenient and usually leads to you paying for their gas.

Some simply opt for the county's bus system. It's overcrowded, unreliable, and nonexistent after 10 p.m. But it's a lifeline for those who use it.

Very few people choose to ride the bus, and those that do must be masochists. The pain starts before the bus arrives. The long, lonely walk to the stop can be trying, or downright tragic if the bus flies right past as you curse the driver who neglected to stop.

When you finally get on the bus, after a 45 minute wait, the search for a seat begins. Most of the time, the seats are taken by the time the driver pulls up to your stop. If one is available, it has gum or some undetermined substance stuck to it.

After stopping every two or three blocks to pick up bikes, wheelchairs, and dozens of screaming kids, you finally arrive at your destination - better known as the point where you transfer from one bus to another.

Here, the steps from above are repeated - again.

The voyage finally ends with you making it to where you need to go, or bailing out of one of the emergency exits.

Maybe I've simply spent too much time riding around OC and seen more than my fair share of the bad aspects of public transit.

Recently, the Orange County Transportation Authority made strides to improve the system. Late night service was added on many routes, as well as increases in service. Talks have also begun about building a rail system from Irvine to Fullerton.

But these changes don't make bus riding in OC any more than a last resort for desperate people without a car. The OCTA wants you to "Take the bus with us."

Frankly I'd rather have someone hand me the keys, I need to find a parking space.

SPORTS

SAC SPORTS SCHEDULE

Cross Country	Football	Soccer	Volleyball	Wrestling
Santa Barbara Invitational @ Shoreline Park Sat. Oct. 16 9:30 a.m.	Homecoming vs. Fullerton Saturday Oct. 23 1 p.m.	vs. Cypress Tuesday Oct. 12 (M) @ Cypress Tuesday Oct. 12 (W) 3 p.m.	vs. Fullerton @ FCC Wednesday Oct. 13 7 p.m.	vs. Mt. SAC Wednesday Oct. 13 7:30 p.m.

Dons run over a weak OCC defense

FOOTBALL: Santa Ana is piling up points, defense is making a difference, and the Dons are riding a two game winning streak.

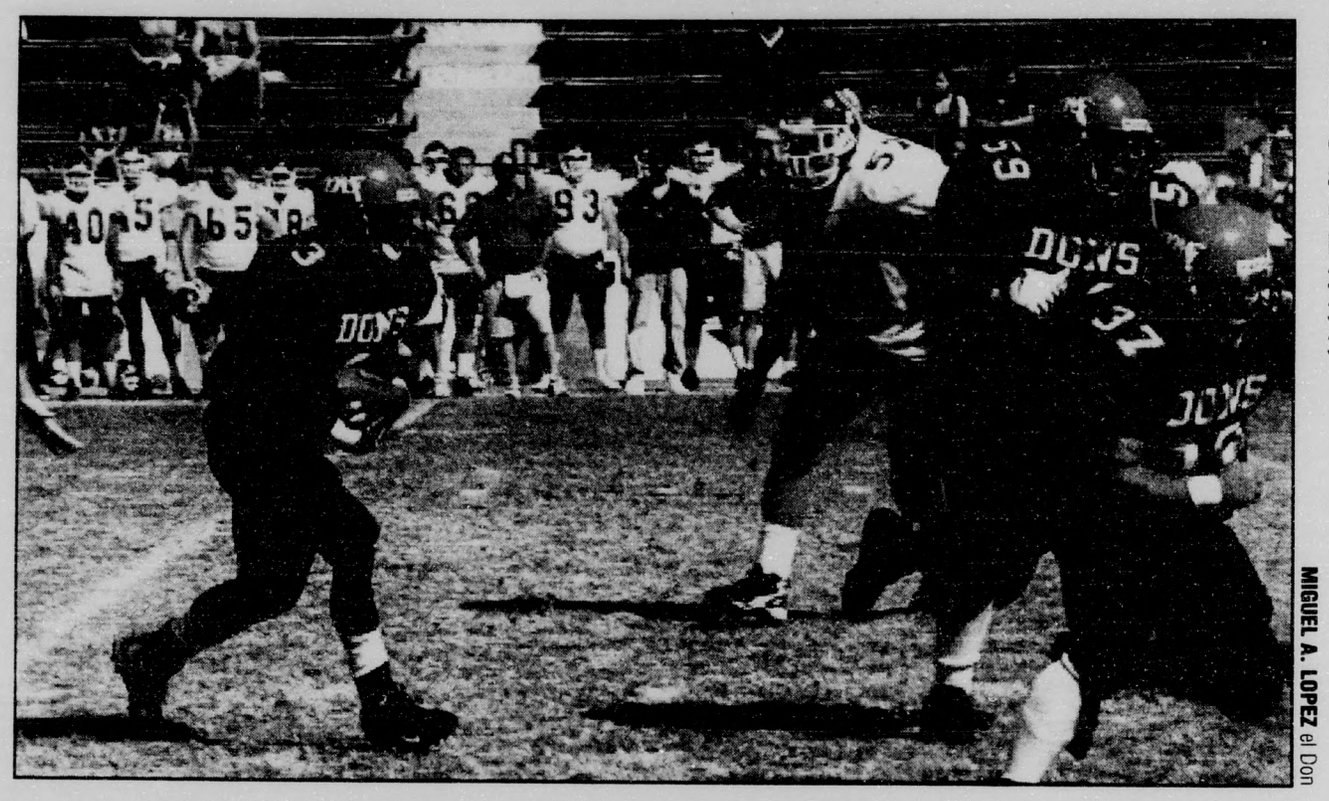
By Alex Arreola
el Don Sports Editor

Santa Ana football is making progress and opponents better beware. The offense is rolling and the defense is making it happen.

Camron King rushed 31 times for 224 yards and three touchdowns Sept. 25 against Orange Coast College. The defense sacked Coast quarterback Jared Flint, who had a record-breaking performance the previous week, five times.

The Dons' running game was too much for the visiting Pirates (2-1). In the first series for Santa Ana, King electrified the crowd with a 37-yard touchdown run, in which he shed seven Pirate defenders. King frustrated the Coast defense as he added two more touch-

Please see FOOTBALL, Page 8



MIGUEL A. LOPEZ el Don

Running back Camron King looks for daylight against Orange Coast College. King ran for 224 yards on 31 carries and 3 touchdowns.

Grappling for a state championship

By Louis Ponsi
el Don Staff Writer

With all the attention in college sports focused on football, basketball, and baseball, the Santa Ana College wrestling team is planning to make some headlines of its own. So far, they're on the right track.

Under the leadership of new coach Alan Clinton, and the return of state champion Bryan Webster, the Don grapplers are enjoying early season success, with five wins and two losses.

In his first season , Clinton brings an impressive record of 189-40 from a 14 year coaching career at El Modena High School.

Coaching a team consisting mostly of freshman, Clinton is determined to raise the level of performance and put SAC wrestling on the map, where the team has been on a roller coaster ride in recent seasons.

Considering the inexperience of his team, Clinton's coaching philosophy is simple and realistic.

"It's like trying to build a house, establishing the foundation, then the walls go up, and then the roof," he explained.

Recruiting is the biggest challenge Clinton faces in building a winning program and he is confident that his ties to high school wrestling will enable him to draw from a pool of local talent.

"I'm doing double duty here and at the high school so I get a lot of contact with the local high school kids and I think that will pay off for us big in the long run," he said.

The first big test for Santa Ana came recently against Moorpark College, ranked second in state. Though the Dons were overpowered by the more experienced Moorpark squad, the team exhibited tenacity, losing several matches by one or two points.

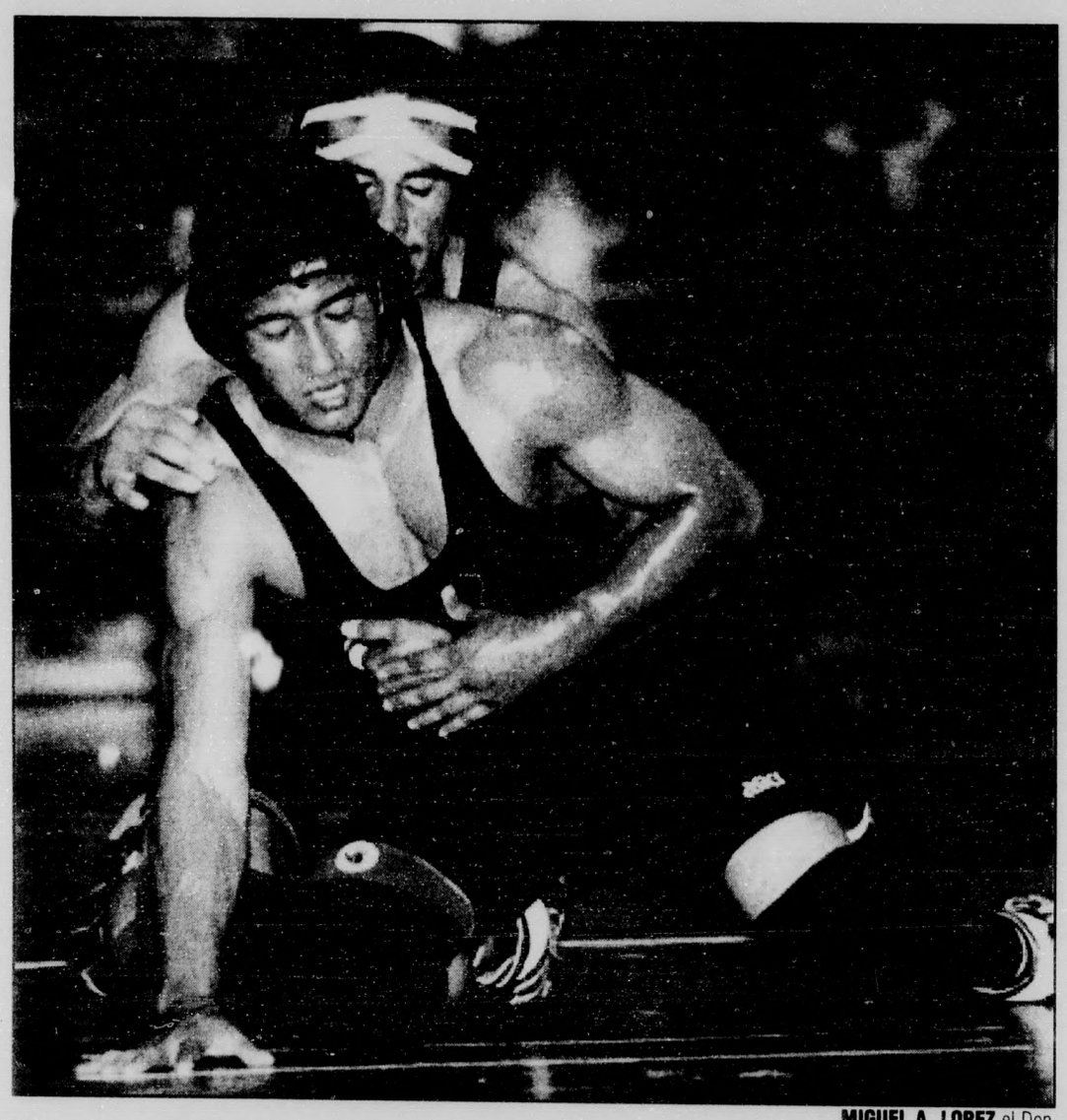
Sophomore Bryan Webster, a returning state champion at 174 pounds and the Dons' most experienced wrestler, maintained a positive outlook about his prospects for the season despite losing in the Moorpark match.

"I feel pretty confident," Webster said. "Last year I lost to two guys early in the year and beat them both in the finals."

Other stand-outs for the Dons are sophomore Pablo Cunningham, an undefeated 197 pounder and sophomore heavyweight Rafael Lucero-Guzman who's 6-1.

Clinton welcomes the tough competition his team will face in the remainder of the season.

"Our attitude is that we're going to kick some ass," he said. "We've got to step it up and take it to the next level against the more mature and aggressive teams."



MIGUEL A. LOPEZ el Don

Santa Ana's Luis Reteria sets up his opponent during his 149 pound match against Moorpark.

Runners sweep San Francisco invitational

By Miguel A. Lopez
el Don Sports Editor

Both cross country teams came home as champions from the Lou Vasquez Invitational at San Francisco on Friday Oct. 1.

In a close race, the men's team scored 57 points to beat College of the Sequoias and the top teams from the north. On the other hand, the Lady Dons ran over the competition outscoring second place Moorpark by 43 points.

Jose Herrera won his third collegiate cross country race and led Santa Ana College to a first-place finish at the Lou Vasquez Invitational at Golden Gate Park on Friday.



"This is the first time we have won both titles at this meet."
-Al Siddons
Head Coach

Out of 22 colleges and 232 runners, the Dons ran first and second throughout the race. Herrera ran the four mile course in 19 minutes and 30 seconds. Teammate Alfonso Leon, who tripped with less than 800 meters to go, managed to beat College of the Sequoias' top runner at the finish line and placed second with a time of 19 minutes and 37 seconds.

Leon who finished 7 seconds behind Herrera has closed the time gap, between Herrera and himself, since the season's first race in which the gap was 27 seconds. Santa Ana's team time gap has also improved from the previous meets down to a minute.

The Dons had four runners in the top 20 and six in the top 25. Freshmen Jorge Pena (20:20) and Eduardo Salgado (20:29) placed 14 and 19 respectfully. Not too far back were Cesar Medina (20:30) and Issac Gallardo (20:36) placing 21 and 22. Aldo Murillo made his presence known, moving up to the seventh spot (20:52) and received Athlete of the Meet honors.

Santa Ana will travel to Shoreline Park this Saturday to compete in the challenging Santa Barbara Invitational.

Santa Ana is on pace to a record season

WOMENS SOCCER: The Lady Dons are off to the best start in school history and off to 9-1-4 overall record.

By Miguel A. Lopez
el Don Sports Editor

For the first time in three years the Santa Ana College women's soccer team beat Fullerton College 9-0 last Wednesday.

Although Amanda Fults scored the only goal of the first half, it was in the second half where the Lady Dons showed their "fighting desire." Fullerton was the victim of a bombardment of second half goals by six different SAC players.

Within 20 minutes Luz Avina kicked in three goals for the Dons. Fults, Noelle Garcia, Rachelle Locke, Melanie Fults and Yulma Salgado all scored in the last 15 minutes.

"It was a great win for us," said head coach Juan Mares. "It was a confidence booster."

Santa Ana is off to a 9-1-4 overall record and is looking forward to the playoffs. It's only loss was to Long Beach City College who is ranked third in the state. In a season in which SAC looks to make history, the women's soccer team is ranked 15 in the state.

"This is the first time that we have been ranked," said coach Mares. "We are playing very well."

The Lady Dons are led by five second year stars. They include captains Judy Hernandez, Griselda Ramirez, mid-fielder Christine Montes and the skills of Amanda and Melanie Fults. Transfers from Cypress College, the skillful Fults twins add playoff experience to the squad.

"They all have excellent leadership qualities and make my job a lot easier," said Mares of the five leaders.

Unsure of the team's expectations at the beginning of the season coach Mares now knows the team has great potential.

On Tuesday Santa Ana will face Cypress College, last year's state champions, and coach Mares thinks the Lady Dons could surprise Cypress and come home with a tie, or maybe even a win.



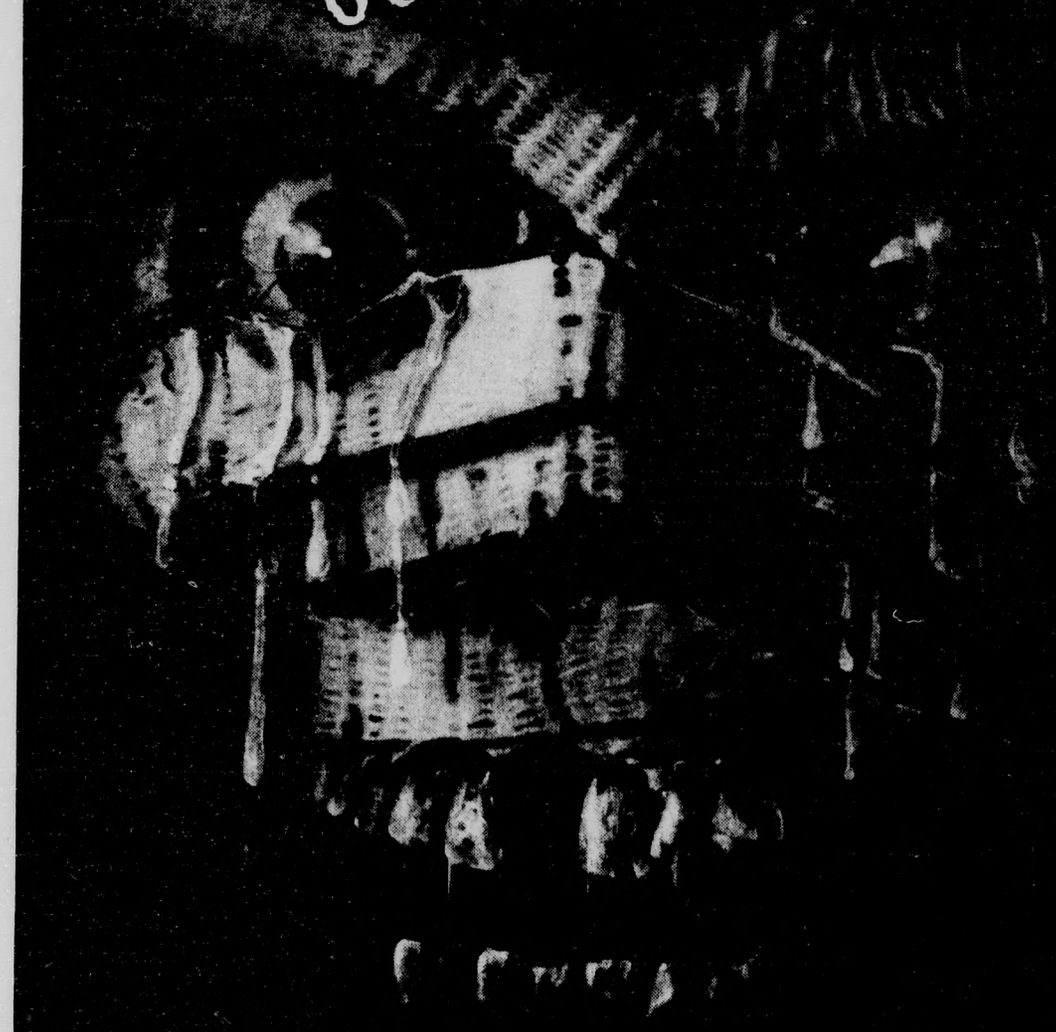
MIGUEL A. LOPEZ el Don

Griselda Ramirez (No.11) is one of five 2nd year players who are leading the Lady Dons to a record setting season. For the first time in school history the team is ranked in the state.

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Football: Dons stellar play comes through

Continued from page 6

downs in which he ran around and over defenders. Most of his yards came on second efforts and provided a timely passing attack for Grant Wagner.

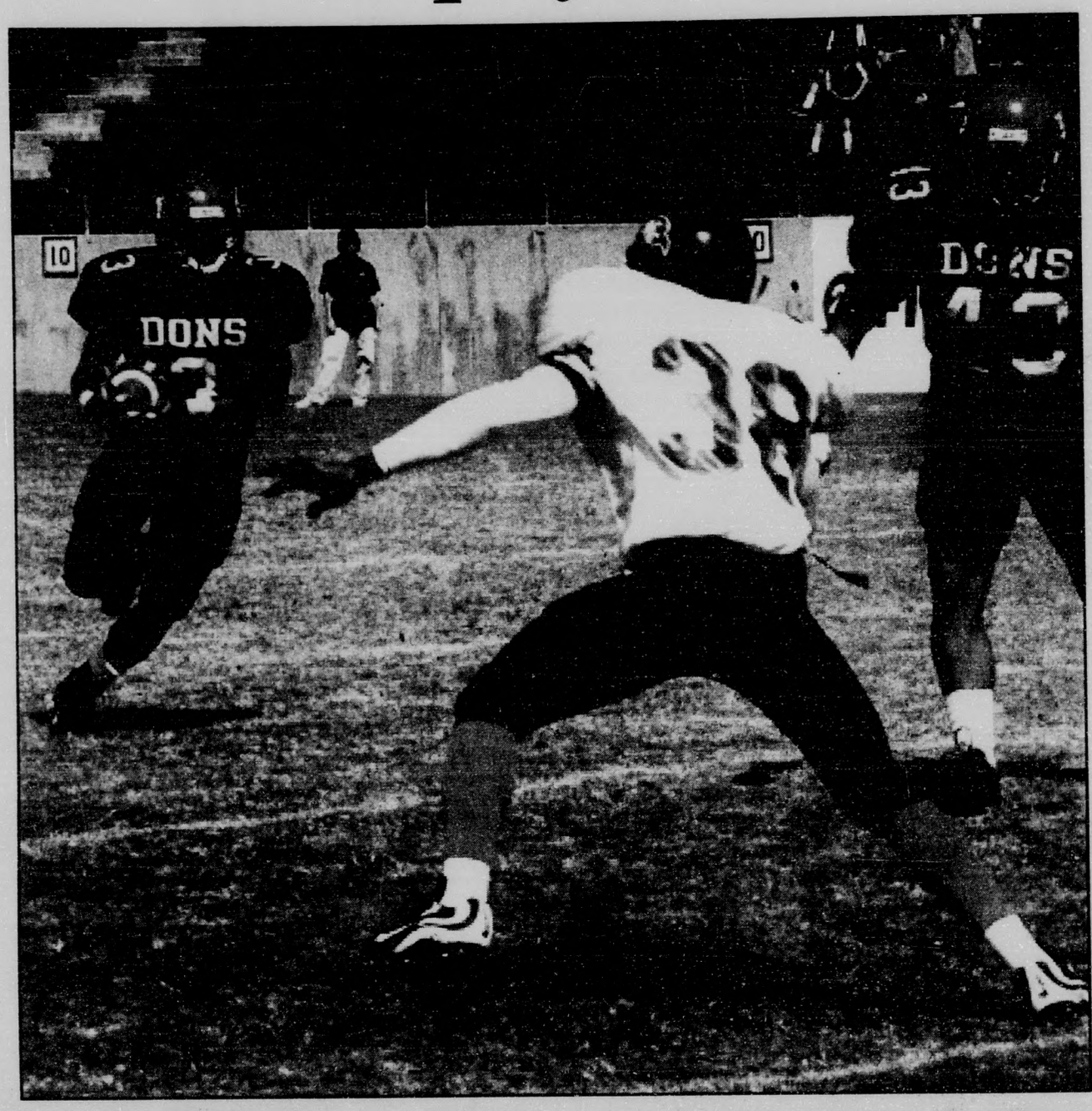
Wagner out-dueled Flint, completing 10 out of 16 passes for 186 yards and one touchdown, a 42 yard strike to flanker Jeremiah Armendariz in the third quarter which put the game out of reach, 45-6.

Santa Ana's running backs might be short in stature but they all contributed to the romp. Joseph Tagaloa added a 15-yard plunge in the second quarter and finished with 27 yards on five carries and Steve Warfield added the final blow, diving into the end zone from one yard out making it 52-6.

Santa Ana's defense which allowed almost 100 points in the first two games, shut down OCC's explosive offense. Flint was flushed out of the pocket by a swarming Don defense led by Alex Romero, who forced a fumble, had an interception for a touchdown, and tackled Pirate running back Ray Ohrel in the end zone for the first two points of the game.

Late in the second quarter, Flint threw a pass intended for David Castleton, and Romero picked off the errant throw and scampered 55 yards for the touchdown. His safety in the Pirate's first offensive series, fired up the Dons, and they never cooled off.

The previous week, Flint threw for 525 yards and five touchdowns against Golden West College, but Santa Ana's "Arizona Flex" defense held him in check. Flint completed only 10 of 16 attempts for 133 yards.



MIGUEL A. LOPEZ el Don

Fullback Greg Carnal prepares to pave the way for Camron King. Blocks like this were a big reason why the Dons compiled over 300 yards rushing.

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